

This work is being carried out as part of the Office for Students' National Collaborative Outreach Programme.

futureme mentoring sessions

2018/19

welcome

Welcome to the FutureMe Mentoring Sessions Brochure 2018-19

Within this booklet you will find the full range of mentoring sessions available to your identified NECOP students, aimed at enabling their understanding of higher education through interactive and relatable sessions.

Year 9 students will be able to access interactive small group sessions with seven of their peers, followed by one-to-one mentoring sessions with an undergraduate FutureMe Mentor.

Year 10 and 11 students will also work with a FutureMe Mentor as part of their online aspiration raising tutoring, which will be delivered in addition to their online academic tutoring sessions.

All FutureMe activities have been developed in line with the NECOP Regional Progression Framework and cover one or more of the following themes:

1. Introducing higher education
2. Routes to further and higher education
3. Attainment and how this supports progression
4. Financial support for further and higher level study
5. Applying to further and higher education
6. Transition to further and higher education

Activities have been individually aligned to best practice frameworks, including the Gatsby Good Career Benchmarks, Career Development Institute Framework and the PSHE Association requirements.

Your NECOP Project Coordinator will work with you to plan FutureMe mentoring sessions to fit with your school priorities and the needs of your students. This will form part of the NECOP delivery planning process that you will undertake with support from your NECOP Project Coordinator.

We hope you and your students find FutureMe mentoring engaging and worthwhile!

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year 9 futureme mentoring sessions

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topic	description	gatsby benchmark	cdi framework	regional progression framework	pshe association
What If? Launch Event	An opportunity for students and their parents/carers to hear more about the FutureMe programme, how they will benefit from being involved and to get to meet their undergraduate mentor.	7. Encounters with further and higher education	10. Making the most of careers information 14. Identifying choices and opportunities	Phase: Introductory LO3. Attainment	N/A
Level 10 Me	Students have the chance to think about what success or 'level 10' looks like in different areas of their school work. They'll reflect on how satisfied they currently are and how they can progress to the next level up!	3. Addressing the needs of each pupil 7. Encounters with further and higher education	1. Self-awareness 2. Self-determination 3. Self-improvement as a learner 17. Managing changes and transitions	Phase: Introductory LO3. Attainment	Moral: Offer reasoned views Spiritual: Enjoy learning about oneself; Reflect Numeracy: Use of tables/diagrams to display information and measure progress
Careers Top Trumps	A game based session exploring careers and professions. Students will have the chance to consider what is important for them in their future careers and create an affirmation for their future ambitions.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	1. Self-awareness 4. Exploring careers and career development	Phase: Introductory LO2. Routes	Social: Using a range of social skills Spiritual: Enjoy learning about oneself, others and the surrounding world
Moving On	Students will have the opportunity to explore and research a range of post 16 options and qualifications. Reflecting on their own career aspirations, students will be encouraged to consider their own post 16 options to prepare them for their future journey.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	1. Self-awareness 14. Identifying choices and opportunities 17. Managing changes and transitions	Phase: Introductory LO2. Routes LO5. Applying	Social: Participate, volunteer and cooperate Moral: Offer reasoned views Spiritual: Enjoying learning about oneself and others; Reflect Literacy: Speaking and listening
The 5 Ws of HE	This session will look at the 5 Ws of higher education. It will consider what higher education is, where you can go, when you go to higher education, why people go into higher education and who goes.	2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education	1. Self-awareness 4. Exploring careers and career development 14. Identifying choices and opportunities 17. Managing changes and transitions	Phase: Introductory LO1. Introducing higher education LO4. Finance LO5. Applying	Social: Appreciate diverse viewpoints Moral: Offer reasoned views Spiritual: Explore beliefs and experience
Know your Strengths	An interactive opportunity for students to consider what their transferable skills are and recognise their importance. The session concludes with a hands on discussion of GCSE choices and their link to future careers.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	1. Self-awareness 2. Self-determination 17. Managing changes and transitions	Phase: Introductory LO2. Routes LO6. Transition LO5. Applying	Spiritual: Enjoy learning about oneself and others; Reflect Literacy: Speaking and listening Numeracy: Use of graphs and diagrams to present information
Taking Action	Coming to the end of the mentoring programme, pupils will have a chance to reflect on how far they've come. They'll look at how to create an Action Plan to achieve their goals, and write their own in their one-to-one sessions this week.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	1. Self-awareness 2. Self-determination 3. Self-improvement as a learner 11. Preparing for employability 14. Identifying choices and opportunities 15. Planning and deciding	Phase: Introductory LO3. Attainment LO6. Transition	Social: Use a range of social skills Spiritual: Enjoy learning about oneself; Use imagination and creativity; Reflect Literacy: Speaking and listening skills

year 10/11

futureme online mentoring sessions

06

07

topic	description	gatsby benchmark	cdi framework	regional progression framework	pshe association
What is Higher Education?	An introductory session aimed at increasing students' knowledge about all aspects of higher education, from what it is and what they can study, to where they can find out more.	<ul style="list-style-type: none"> 2. Learning from careers and labour market information 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 7. Investigating jobs and labour market information 14. Identifying choices and opportunities 	<p>Phase: Introductory/ Development</p> <p>LO1. Introducing higher education</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experience; Enjoy learning about oneself, others and the surrounding world</p>
Where can my subjects take me?	Students' will explore where their GCSE subjects can lead them once they have left school. With their FutureMe Mentor they will explore the range of job opportunities which will relate to their current studies to support them in making an informed decision about what to do after school.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 4. Linking curriculum learning to careers 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 7. Investigating jobs and labour market information 14. Identifying choices and opportunities 17. Managing changes and transitions 	<p>Phase: Development</p> <p>LO1. Introducing higher education</p> <p>LO2. Routes</p> <p>LO6. Transition</p>	<p>Social: Use a range of social skills; Participation, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experience; Reflect</p> <p>Literacy: Speaking and listening</p>
How do I learn best?	During this session students' will have the opportunity to explore a more personal approach to revision techniques through interactive activities with their FutureMe Mentor.	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 1. Self-awareness 2. Self-improvement as a learner 17. Managing changes and transitions 	<p>Phase: Introduction/ Development</p> <p>LO1. Introducing higher education</p> <p>LO3. Attainment</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experience; Enjoy learning about oneself; Reflect</p>
Student Finance and Budgeting	Students' will increase their knowledge about Student Finance with this introductory session and test their budgeting skills based on their current and potential future spending.	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 13. Developing personal financial capability 14. Identifying choices and opportunities 	<p>Phase: Development</p> <p>LO4. Finance</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experience</p>
Selling Yourself	This session will enable students to identify key skills and qualities which they can use to apply for their all important part-time job, apprenticeship opportunity and higher education application.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 1. Self-awareness 2. Self-determination 7. Investigating jobs and labour market information 16. Handling applications and interviews 	<p>Phase: Introductory/ Development</p> <p>LO5. Applying</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experience; Enjoy learning about oneself; Reflect</p>

year 10/11

futureme online mentoring sessions

08

09

topic	description	gatsby benchmark	cdi framework	regional progression framework	pshe association
Time Management	This session will put all that students know about time management into practice, with a focus on how to use these skills to make the important transition into independent learning, ready for their exams and beyond.	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 1. Self-awareness 2. Self-determination 3. Self-improvement as a learner 4. Exploring careers and career development 15. Planning and deciding 17. Managing changes and transitions 	<p>Phase: Development</p> <p>LO3. Attainment</p>	<p>Spiritual: Enjoy learning about oneself; Reflect</p> <p>Literacy: Reading</p> <p>Numeracy: Use of measurement</p>
Options after School	This session will allow students to find out about the different options available to them after school, exploring both traditional study options and vocational routes.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 4. Exploring careers and career development 5. Investigating jobs and labour market information 14. Identifying choices and opportunities 15. Planning and deciding 17. Managing changes and transitions 	<p>Phase: Introductory/ Development</p> <p>LO2. Routes</p> <p>LO4. Finance</p> <p>LO5. Applying</p> <p>LO6. Transition</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Moral: Understand consequences</p> <p>Spiritual: Explore beliefs and experience; Reflect</p> <p>Literacy: Speaking and listening</p> <p>Numeracy: Discussion of finance options</p>
Home or Away?	Students' will delve deeper into student life at higher education, considering where they can study in the UK and the advantages of moving away vs. staying at home.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 13. Developing personal financial capability 17. Managing changes and transitions 	<p>Phase: Development</p> <p>LO1. Introducing higher education</p> <p>LO6. Transition</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experiences; Reflect</p> <p>Literacy: Speaking and listening</p> <p>Numeracy: Consideration of managing budgets and money; Use of tables</p>
Student life	This session focuses on the life of a student, from their study experiences to what they get up to in their spare time. Students can explore what kind of student life they could lead by researching how they can continue their current hobbies and interests at higher education.	<ul style="list-style-type: none"> 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 4. Exploring careers and career development 14. Identifying choices and opportunities 17. Managing changes and transitions 	<p>Phase: Development</p> <p>LO1. Introducing higher education</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experience; Reflect</p> <p>Literacy: Speaking and listening</p>
Where do I want to be in 10 years?	10 years may seem like a long time, but the decisions students make now can affect what they can transition into in the future. This session will enable students to explore their goals in detail to make sure their 'FutureMe' is all they hoped it will be!	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	<ul style="list-style-type: none"> 1. Self-awareness 2. Self-determination 3. Self-improvement as a learner 15. Planning and deciding 17. Managing changes and transitions 	<p>Phase: Development</p> <p>LO1. Introducing higher education</p> <p>LO2. Routes</p> <p>LO5. Applying</p> <p>LO6. Transition</p>	<p>Social: Use a range of social skills; Participate, volunteer and cooperate</p> <p>Spiritual: Explore beliefs and experience; Enjoy learning about oneself, others and the surrounding world; Reflect</p>

what do we need to deliver futureme activities?

All staff who deliver sessions on behalf of FutureMe will bring all resources for their event and will aim to make the activity as easy as possible for you to set up.

However we will need some assistance with the following:

Room Setup

Mentoring activities will be suitable to be delivered in a classroom to enable students to work collaboratively around tables to complete their interactive tasks.

Any one-to-one mentoring should take place in a safe, open environment to encourage discussion, with a staff member on hand in the event of any queries.

Group Sizes

FutureMe mentoring will be available to small groups of seven students in Year 9 and delivered as small group sessions with follow up one-to-one discussions. Online aspiration raising tutoring will be available for students in Y10/11 and delivered via a secure online platform on a one-to-one basis.

Staff Support

School staff arranging FutureMe sessions are asked to ensure that students arrive promptly and that staff remain on hand in the event that any queries or issues arise.

Equipment

We ask that all rooms have a laptop/computer access, projector, internet access and sound where possible. For online tutoring, simple IT tests and arrangements need to be in place before the sessions can successfully commence.

If there are circumstances when this isn't possible, please discuss this with your Project Coordinator who will be able to discuss alternative solutions.

Student Engagement

Whilst we understand that not all students will wish to progress to higher education, we request that all students identified for participation in FutureMe activities are fully informed of what they will be participating in and why they have been identified to take part.

Should any students be unable to attend a session as planned, please inform your Project Coordinator as soon as possible as this may affect the delivery of the scheduled activity (e.g. mentoring/online tutoring).





contact us

For more information about the North East Collaborative Outreach Programme and FutureMe, please visit us online or contact us:

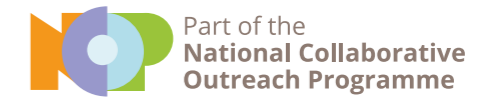
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