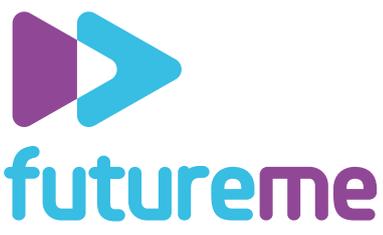




futureme mentoring sessions

2021/22



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welcome

Welcome to the FutureMe Mentoring Sessions Brochure 2021-22.

Within this booklet you will find the full range of mentoring sessions available to your identified students, aimed at enabling their understanding of higher education through interactive and relatable sessions.

Year 9 students will be able to access mentoring with an undergraduate FutureMe Mentor in interactive group sessions of seven students, followed by one-to-one sessions. Year 10 and 11 students will also work with a FutureMe Mentor, in small groups of seven, with a choice of higher education modules to suit their needs.

All mentees will be invited to experience higher education first hand alongside other students from across the local area at an on campus Mentoring Celebration Event!

All FutureMe activities have been developed in line with the North East Regional Progression Framework and cover one or more of the following themes:

1. Introducing higher education
2. Routes to further and higher education
3. Attainment and how this supports progression
4. Financial support for further and higher level study
5. Applying to further and higher education
6. Transition to further and higher education.

Activities have been individually aligned to working within best practice frameworks, including the Gatsby Good Career Benchmarks, CDI Career Development Framework and the PSHE Association requirements.

Your FutureMe Project Coordinator will work with you, as part of your delivery planning processes, to plan FutureMe mentoring sessions to fit with your school priorities and the needs of your students.

We hope you and your students find FutureMe mentoring engaging and worthwhile!

what is needed to host futureme activities?

All staff who deliver sessions on behalf of FutureMe will bring all resources for their event and will aim to make the activity as easy as possible for you to set up.

However we will need some assistance with the following:

Room Setup

Mentoring activities are suited to delivery in a classroom to enable students to work collaboratively around tables to complete their interactive tasks.

Any one-to-one mentoring should take place in a safe, open environment to encourage discussion, with a staff member on hand in the event of any queries.

Group Sizes

FutureMe mentoring is available to small groups of up to seven students working with a mentor in Year 9, 10 or 11 and will be delivered as small group sessions. For Year 9, the small group sessions will be supplemented with follow up one-to-one meetings with the FutureMe mentor.

Staff Support

School staff arranging FutureMe sessions are asked to ensure that students arrive promptly and that staff remain on hand in the event that any queries or issues arise.

Equipment

We ask that all rooms have a laptop/computer access, projector, internet access and sound where possible.

If there are circumstances when this isn't possible, please discuss this with your FutureMe Project Coordinator who will be able to discuss alternative solutions.

Student Engagement

Whilst we understand that not all students will wish to progress to higher education, we request that all students identified for participation in FutureMe activities are fully informed of what they will be participating in and why they have been identified to take part.

Should any students be unable to attend a session as planned, please inform your FutureMe Project Coordinator as soon as possible as this may affect the delivery of the scheduled activity.



topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association
Finding My FutureMe - Launch Event (Y9)	An opportunity for students and their parents/carers to hear more about the FutureMe Programme, how they will benefit from being involved and why they have been chosen to take part. They will also be introduced to their mentor who will be delivering the sessions for the next 6 weeks.	7. Encounters with further and higher education	Learning Areas:	Phase: Introductory LO1. Introducing higher education	Social: Use a range of social skills; Participate, volunteer and cooperate Spiritual: Explore beliefs and experience; Enjoy learning about oneself, others and the surrounding world
Level 10 Me	Using the level 10 me concept, students will have the chance to think about what 'level 10' looks like for them in different areas. During the session, students will reflect and begin to look at steps to improve in order to progress to the next level up!	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas:	Phase: Introductory LO3. Attainment	Moral: Offer reasoned views Spiritual: Enjoy learning about oneself; Reflect Numeracy: Use of tables/diagrams to display information and measure progress
Onwards and Upwards	Students will have the opportunity to explore and research a range of post-16 options and qualifications. Reflecting on their own career aspirations, students will be encouraged to consider their own post 16 options to prepare for their future journey.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas:	Phase: Introductory LO2. Routes LO5. Applying	Social: Participate, volunteer and cooperate Moral: Offer reasoned views Spiritual: Enjoying learning about oneself and others; Reflect Literacy: Speaking and listening
The 5 Ws of Higher Education	By the end of the session students will be able to answer the 5 Ws of higher education. What is higher education? Where can students go? When do you go on to higher education? Why do people choose higher education qualifications? Who goes to study in higher education?	2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas:	Phase: Introductory LO1. Introducing higher education LO5. Applying	Social: Appreciate diverse viewpoints Moral: Offer reasoned views Spiritual: Explore beliefs and experience
My Future Career	In this session, students will complete a number of activities that will introduce them to what a career is and explore professions. They will reflect on what is important to them when thinking about a 'career', with a specific aim of considering their futures and affirming what it is they love to do.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas:	Phase: Introductory LO2. Routes	Social: Using a range of social skills Spiritual: Enjoy learning about oneself, others and the surrounding world
Know My Strengths	An interactive opportunity for students to consider their transferable skills and recognise their importance. The session concludes with a hands on discussion of GCSE choices and the link to future careers.	2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas:	Phase: Introductory LO5. Applying LO6. Transition	Social: Use a range of social skills; Participate, volunteer and cooperate Spiritual: Enjoy learning about oneself and others; Reflect Literacy: Speaking and listening Numeracy: Use of graphs and diagrams to present information
Taking Action	As we come towards the end of the programme, in this session students will create their own action plan to help them achieve personal goals and achieve their best 'FutureMe'!	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas:	Phase: Introductory LO2. Routes LO3. Attainment LO6. Transition	Social: Use a range of social skills Spiritual: Enjoy learning about oneself; Use imagination and creativity; Reflect Literacy: Speaking and listening skills

CDI Icon Key: Grow throughout life Explore possibilities Manage career Create opportunities Balance life and work See the big picture

topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association
Finding My FutureMe - Launch Event (Y10/11)	An opportunity for students and their parents/carers to hear more about the FutureMe Programme, how they will benefit from being involved and why they have been chosen to take part. They will also be introduced to their mentor who will be delivering the sessions throughout their mentoring experience. This launch will be adapted based on whether the cohort is new, or if the cohort took part in the Y9 mentoring in previous years.	<ol style="list-style-type: none"> Encounters with further and higher education 	Learning Areas:	Phase: Introductory/ Developmental LO1. Introducing higher education	Social: Use a range of social skills; Participate, volunteer and cooperate Spiritual: Explore beliefs and experience; Enjoy learning about oneself, others and the surrounding world
My Future Path	During this session, students will reflect on their current subjects, highlighting those they are most interested in and using them as a foundation to map out their own future path. To help them, they will be shown how subjects can overlap and relate to different work sectors.	<ol style="list-style-type: none"> Learning from career and labour market information Addressing the needs of each pupil Encounters with further and higher education 	Learning Areas:	Phase: Developmental LO2. Routes LO3. Attainment LO6. Transition	Social: Use a range of social skills; Participation, volunteer and cooperate Spiritual: Explore beliefs and experience; Reflect Literacy: Speaking and listening
Student Finance Myth Buster	An opportunity for students to unpick the concerns that they have about student finance and consider where those worries have stemmed from in the world around them. Through interactive activities and case studies, the students will develop their knowledge about the different elements of student finance both during and after their studies. By the end of this session, students will be able to challenge common misconceptions with myth busting facts.	<ol style="list-style-type: none"> Addressing the needs of each pupil Encounters with further and higher education 	Learning Areas:	Phase: Developmental LO4. Finance	Social: Use a range of social skills; Participate, volunteer and cooperate Spiritual: Explore beliefs and experience; Enjoy learning about oneself; Reflect
Working Smarter	This session will focus on supporting students in understanding and putting time management into practise, with a focus on the important transition into independent learning, ready for their exams and beyond.	<ol style="list-style-type: none"> Addressing the needs of each pupil Encounters with further and higher education 	Learning Areas:	Phase: Developmental LO3. Attainment LO6. Transition	Social: Participate, volunteer and cooperate Moral: Offer reasoned views Spiritual: Enjoy learning about oneself, others and the surrounding world; Reflect Cultural: Appreciate cultural influences

CDI Icon Key: Grow throughout life Explore possibilities Manage career Create opportunities Balance life and work See the big picture

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Options after School	This session will allow students to find out about the different options available to them after school, exploring both traditional study options and vocational routes.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	Learning Areas:	Phase: Introductory LO2. Routes LO4. Finance LO5. Applying LO6. Transition	Social: Use a range of social skills; Participate, volunteer and cooperate Spiritual: Explore beliefs and experience; Enjoy learning about oneself; Reflect
A Day in the Life in Higher Education	An insight into the life of students who have taken different journeys in to further and higher education, from their study experiences to what they get up to in their spare time. Students can explore what kind of student life would best suit them, including an insight into the differences in studying at home or away.	<ul style="list-style-type: none"> 7. Encounters with further and higher education 	Learning Areas:	Phase: Developmental LO1. Introducing higher education LO2. Routes LO6. Transition	Social: Use a range of social skills; Participate, volunteer and cooperate Spiritual: Explore beliefs and experiences; Reflect Literacy: Speaking and listening Numeracy: Consideration of managing budgets and money; Use of tables
Where do I want to be in 10 Years?	Rounding up the other workshops, this session will provide students with the opportunity to explore and discuss their goals in detail with a holistic approach, and apply their knowledge of progression routes to make sure their 'FutureMe' is all they hoped it would be.	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	Learning Areas:	Phase: Developmental LO1. Introducing higher education LO2. Routes LO6. Transition	Social: Use a range of social skills; Participate, volunteer and cooperate Spiritual: Explore beliefs and experience; Enjoy learning about oneself, others and the surrounding world; Reflect

CDI Icon Key: Grow throughout life Explore possibilities Manage career Create opportunities Balance life and work See the big picture



contact us

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This work is being carried out as part of the Office for Students' Uni Connect Programme.