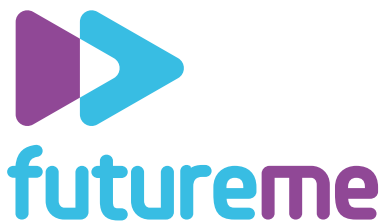




futureme higher education ambassador sessions



2021/22

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welcome

Welcome to the FutureMe Higher Education Ambassador Session Booklet 2021-22.

Within this booklet you will find the full range of sessions available to your identified target students, aimed at enabling their understanding of higher education through interactive and relatable sessions.

All FutureMe activities have been developed in line with the North East Regional Progression Framework and cover one or more of the following themes:

- 1 Introducing higher education
- 2 Routes to further and higher education
- 3 Attainment and how this supports progression
- 4 Financial support for further and higher level study
- 5 Applying to further and higher education
- 6 Transition to further and higher education.

Activities have been individually aligned to work within best practice frameworks, including the Gatsby Good Career Benchmarks, CDI Career Development Framework and the PSHE Association requirements.

You should work with your designated FutureMe Project Coordinator during your delivery planning meeting, to determine which of the FutureMe Higher Education Ambassador sessions will best meet your school priorities and the needs of your students.

We hope you and your students find the activities engaging and worthwhile!

what is needed to host futureme activities?

All staff who deliver sessions on behalf of FutureMe will bring all resources for their event and will aim to make the activity as easy as possible for you to set up.

However we will need some assistance with the following:

A Blended Delivery Approach

We want to ensure your students are able to access as full a FutureMe programme as possible and we are therefore offering a blended approach for many of our activities during 2021/22. Use the key below to identify the delivery formats available for activities detailed in this brochure.



In person workshop



In person assembly



Indicates live webinar delivery available



Indicates pre-recorded session available

For more information about the delivery formats on offer and how they can work for your school speak to your FutureMe Project Coordinator.

Room Setup

HE Ambassador sessions are best suited to be delivered in a classroom to enable students to work collaboratively around tables to complete their interactive tasks. To support you with your planning, please use the infographics above which identify the delivery options for each session.

If you would like a session delivered to a full year group in an assembly, please do let your FutureMe Project Coordinator or Higher Education Ambassador know so they can plan accordingly.

For sessions delivered as a live webinar or pre-recorded session, students will require access to be able to view these online. Your FutureMe Project Coordinator will discuss options with you.

Group Sizes

HE Ambassador sessions are suitable to be delivered in two formats. To support your planning, sessions can be delivered within 20 minutes, suitable for an assembly, or in 45-60 minutes, suitable for an individual class size.

Please do let your FutureMe Project Coordinator or Higher Education Ambassador know which you would prefer so they can plan accordingly.

Staff Support

School staff arranging a FutureMe session are asked to ensure that students arrive promptly and that staff remain on hand in the event of any queries/or issues which may arise.

Equipment

We ask that all rooms have a laptop/computer access, projector, internet access and sound where possible or online and/IT access for live webinars and pre-recorded sessions.

If there are circumstances when this isn't possible, please discuss this with your FutureMe Project Coordinator who will be able to discuss alternative solutions.

Student Engagement

Whilst we understand that not all students will wish to progress to higher education, we request that all students identified for participation in FutureMe activities are fully informed of what they will be participating in and why they have been identified to take part.

Should any students be unable to attend a session as planned, please inform your FutureMe Project Coordinator as soon as possible as this may affect the delivery of the scheduled activity.



topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association	delivery style
Introduction to FutureMe and HE	Introductory session outlining what FutureMe is and how the programme aims to support students' choices. Higher education will be explored, outlining the general aspects of student life and the differences between school and higher level qualifications.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas: 	Phase: Introductory LO1. Introducing higher education LO2. Routes LO6. Transition	Social: Willingness to participate in a variety of communities and social settings Spiritual: Use imagination and creativity	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Discovering FutureMe	An interactive, creative workshop using 'Build to Express' LEGO or reflective drawing, to encourage students to recognise their individual strengths, preferences and future goals. NB: This session is suitable for class sizes of up to 50. *Maximum class size for a LEGO workshop is 35.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas: 	Phase: Introductory LO6. Transition	Social: Use a range of social skills; Participate Spiritual: Enjoy learning about oneself; Use imagination and creativity to overcome issues Literacy: Speaking and listening	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Career Connections	Students within this session will expand on their knowledge of careers, identifying key occupations within growth sectors in the North East and further job roles which support these. Students will also consider which roles require a degree on entry level and which roles may be enhanced with higher level qualifications.	2. Learning from career and labour market information 7. Encounters with further and higher education	Learning Areas: 	Phase: Introductory LO1. Introducing higher education LO2. Routes LO3. Attainment	Moral: Investigate moral and ethical issues Cultural: Understand, accept and respect diversity	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Get Real Finance Game	Provided with a potential job description, students will be challenged to assess skills needed for the role and complete a range of tasks to experience living within the means of their given scenario. Students will reflect on their ability to manage their money and what they perceive as an essential or desirable purchase.	2. Learning from career and labour market information 7. Encounters with further and higher education	Learning Areas: 	Phase: Introductory LO1. Introducing higher education LO2. Routes LO3. Attainment LO4. Finance	Social: Participate; Appreciate diverse viewpoints Moral: Understand consequences; Offer reasoned views Spiritual: Use imagination and creativity; Enjoy learning about oneself; Reflect Literacy: Speaking and listening Numeracy: Problem solving; Organising finances/understanding financial sustainability	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
The Choice is Mine	The session aims to support students in their future decision making based on personal preferences. This session is designed to support the GCSE options process and highlight where these subjects can take students in the future.	2. Learning from career and labour market information 3. Addressing the needs of each pupil	Learning Areas: 	Phase: Introductory LO2. Routes LO6. Transition	Social: Use a range of social skills Moral: Understand consequences Spiritual: Explore beliefs and experience; Enjoy learning about oneself; Reflect Literacy: Writing skills Numeracy: Use of Venn diagrams	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.

CDI Icon Key: Grow throughout life Explore possibilities Manage career Create opportunities Balance life and work See the big picture

In person workshop In person assembly Live webinar Pre-recorded session

topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association	delivery style
What if? Higher Education	This session will look at the key facts of HE, allowing the students to identify and reflect upon barriers to HE and consider how they could address concerns they have previously had.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	Learning Areas: 	Phase: Introductory/ Developmental LO1. Introducing higher education LO2. Routes	Social: Appreciate diverse viewpoints Spiritual: Use imagination and creativity to overcome issues Literacy: Speaking and listening	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
What if? Student Finance	This session explores the argument for student finance. Students are encouraged to formulate an argument for and against based on available information. This also focuses on money available and the key facts regarding student finance (such as repayments and accessibility).	<ul style="list-style-type: none"> 2. Learning from career and labour market information 7. Encounters with further and higher education 	Learning Areas: 	Phase: Introductory LO2. Routes LO4. Finance	Social: Appreciate diverse view points; Participate; Resolve conflicts Moral: Understand consequences; Offer reasoned views Spiritual: Use imagination and creativity Literacy: Speaking and listening Numeracy: Using percentages; developing financial knowledge	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Think Outside the Slide	This session aims to support students to overcome their concerns relating to presenting and speaking in public. Our Higher Education Ambassadors will share tips on how to increase confidence in communication and allow students the opportunity to pitch to their fellow classmates!	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	Learning Areas: 	Phase: Introductory/ Developmental LO1. Introducing higher education LO2. Routes LO5. Applying LO6. Transition	Social: Use a range of social skills; Appreciate diverse viewpoints Moral: Offer reasoned views Spiritual: Use imagination and creativity Literacy: Speaking and listening; Presentation skills; Writing to persuade	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Revision Techniques	This session supports students in understanding the kind of activities that will make their revision more effective. The session will provide specific techniques that students can use to help them revise more effectively and feel more motivated to do so.	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	Learning Areas: 	Phase: Developmental LO3. Attainment LO6. Transition	Spiritual: Enjoy learning about oneself; Reflect	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
What if? Work Experience	Students will explore the benefits of gaining volunteering opportunities/work experience and how this can impact on students' future applications. This session will also signpost students to where they can find volunteering opportunities/work experience.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 7. Encounters with further and higher education 	Learning Areas: 	Phase: Introductory/ Developmental LO2. Routes LO5. Applying	Spiritual: Explore beliefs and experience; Enjoy learning about oneself, others and the surrounding world Literacy: Speaking and listening	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.

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In person workshop In person assembly Live webinar Pre-recorded session

topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association	delivery style
Create a FutureMe	Students will develop their ability to recognise positive skills and attributes in themselves to incorporate into a personal statement or job application. This session is an ideal look at how to apply for post 16 options, with practical advice.	7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental LO3. Attainment LO5. Applying LO6. Transition	Social: Use of a range of social skills Spiritual: Use imagination and creativity; Enjoy learning about oneself; Reflect Literacy: Speaking and listening	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
How to ace my revision	This session supports GCSE preparation by helping students identify components which can effect their revision. This session will emphasise time management, being organised, dealing with stress and the importance of sleep. Students will get the opportunity to create their own revision timetable and they will get some tips from current and former students. This session is an ideal way to help prepare students for their upcoming exams.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental LO3. Attainment LO6. Transition	Spiritual: Enjoy learning about oneself; Reflect	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Getting Finance Ready - The Basics	Students will be provided with a realistic insight into student life and how to budget effectively to make the most out of their money. This workshop will introduce students to the basics of managing money and what they can do now to prepare for the future.	7. Encounters with further and higher education	Learning Areas: 	Phase: Introductory/ Developmental LO4. Finance	Moral: Understanding consequences Cultural: Enjoy learning about oneself Literacy: Speaking and listening Numeracy: Use of money; Developing financial capability through problem solving	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.

CDI Icon Key:

- Grow throughout life
- Explore possibilities
- Manage career
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In person workshop In person assembly

Live webinar Pre-recorded session

topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association	delivery style
Careers Carousel	Students will be given a practical flavour of a selection of careers and courses on offer at higher education institutions, including; Media, Law and Medicine, through a variety of hands on activities delivered in a carousel. NB. This session is not suitable to deliver as an assembly.	7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental/ Consolidation LO1. Introducing higher education LO2. Routes LO6. Transition	Social: Participate in cooperative activities to resolve problems Literacy: Speaking and listening skills; Reading Numeracy: Working with charts	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Research Skills	Suitable as a follow up to How to Ace my Revision, this session will further students' knowledge of moving on from revising for exams to carrying out their own research in preparation to transition from school. Students will work in groups to debate an issue and reflect on their research process and critically analysing resources.	7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental LO3. Attainment LO6. Transition	Social: Developing a range of social skills; Appreciate diverse viewpoints Moral: Offer reasoned views Spiritual: Explore beliefs and experience; Respect faiths, feeling and values Literacy: Speaking and listening	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Exploring Post-18 Routes	An information session allowing students to consider the variety of options available in post-18 study, including providing information on higher education courses, apprenticeships and the application process.	2. Learning from career and labour market information 7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental LO2. Routes LO5. Applying LO6. Transition	Spiritual: Explore beliefs and experience; Enjoy learning about oneself Literacy: Research and sourcing information	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Personal Statements	An interactive session which allows students to look at the personal statement writing process in more detail. Within this session, our HE Ambassadors will guide students through planning for their statement, in addition to looking at examples in order to reflect on their own writing. This session also provides useful advice for general applications.	7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental LO2. Routes LO5. Applying	Social: Use a range of social skills Spiritual: Use imagination and creativity; Reflect Literacy: Speaking and listening	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
The Great Big Higher Education Quiz	This is a fun and interactive session looking at different post-18 options. The workshop will address a number of different higher education routes including apprenticeships, higher education colleges and universities.	3. Addressing the needs of each pupil 7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental LO2. Routes LO5. Applying LO6. Transition	Social: Participate Spiritual: Explore beliefs and experience; Reflect Numeracy: Discussion of costs and finance	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.
Getting Finance Ready - Get in the Know	Students will be provided with a realistic insight into student life and how to budget effectively to make the most of their money. This session will introduce students to student finance and the scholarships and bursaries on offer to support their experience through higher education.	7. Encounters with further and higher education	Learning Areas: 	Phase: Developmental LO4. Finance	Moral: Understanding consequences Spiritual: Enjoy learning about oneself Literacy: Speaking and listening Numeracy: Use of money; Developing financial capability through problem solving	 NB: Alignment to best practice frameworks will vary depending on medium of delivery.





CDI Icon Key: Grow throughout life Explore possibilities Manage career Create opportunities Balance life and work See the big picture





In person workshop In person assembly
 Live webinar Pre-recorded session

topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association	delivery style
Beyond the Personal Statement	Students will gain insight into the stages following the completion of a higher education application. Areas covered include key dates to consider when applying for finance, choosing your firm and insurance offers, in addition to further information about clearing and confirmation. Students will also be provided with some key tips about interviews and have the opportunity to put these into practice.	<p>3. Addressing the needs of each pupil</p> <p>7. Encounters with further and higher education</p>	<p>Learning Areas:</p> 	<p>Phase: Consolidation</p> <p>LO1. Introducing higher education</p> <p>LO5. Applying</p> <p>LO6. Transition</p>	<p>Spiritual: Use imagination and creativity; Reflect</p> <p>Literacy: Speaking and listening</p>	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>
Getting Finance Ready - Next Steps	Students will be provided a realistic insight into student life and how to budget effectively to make the most of their money. This workshop will help students to understand next steps with regard to student finance, as well as give them some insider knowledge about how to make their money go further when studying their higher education course.	<p>7. Encounters with further and higher education</p>	<p>Learning Areas:</p> 	<p>Phase: Developmental Consolidation</p> <p>LO4. Finance</p>	<p>Moral: Understanding consequences</p> <p>Spiritual: Enjoy learning about oneself</p> <p>Literacy: Speaking and listening</p> <p>Numeracy: Use of money; Developing financial capability through problem solving</p>	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>
Home or Away	Students will be provided with information on the advantages of moving away and staying at home for higher education. Students will have the opportunity to reflect on what environment would best suit them.	<p>7. Encounters with further and higher education</p>	<p>Learning Areas:</p> 	<p>Phase: Consolidation</p> <p>LO1. Introducing higher education</p> <p>LO6. Transition</p>	<p>Spiritual: Explore beliefs and experience; Enjoy learning about oneself</p> <p>Numeracy: Use of tables to display information; Discussion of budgeting and finances</p>	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>
Transition to Higher Education	This session will support students in their transition to higher education and help them make the most of their next steps. Students will learn techniques to help them succeed at higher education once they have progressed. This session will also look at support that is available at higher education, and students will practice overcoming challenges and accessing support in an interactive task.	<p>7. Encounters with further and higher education</p>	<p>Learning Areas:</p> 	<p>Phase: Consolidation</p> <p>LO6. Transition</p>	<p>Moral: Understanding consequences</p> <p>Spiritual: Enjoy learning about oneself</p> <p>Literacy: Speaking and listening</p>	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>

CDI Icon Key:  Grow throughout life  Explore possibilities  Manage career  Create opportunities  Balance life and work  See the big picture

 In person workshop  In person assembly  Live webinar  Pre-recorded session

topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association	delivery style
Apprenticeships: Explained	Students will be provided with information on apprenticeships, how they are structured and the different levels available, with specific focus on higher and degree apprenticeships. Finance, transition routes and myth busting will be addressed to ensure students have a full understanding of the alternative routes available to them.	<ul style="list-style-type: none"> 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	<p>Learning Areas:</p> 	<p>Phase: Introductory</p> <ul style="list-style-type: none"> LO1. Introducing higher education LO2. Routes LO3. Attainment LO4. Finance 	<p>Social: Use a range of social skills; Appreciate diverse viewpoints</p> <p>Spiritual: Enjoy learning about oneself; Use imagination and creativity to overcome issues</p> <p>Cultural: Understand, accept and respect diversity</p>	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>
Apprenticeships: The Preparation	Students will gain insight into an element of the application process of an apprenticeship. This workshop will help students to identify their transferable skills, develop their debating and communication skills and recognise possible unconscious bias.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	<p>Learning Areas:</p> 	<p>Phase: Introductory/ Developmental</p> <ul style="list-style-type: none"> LO1. Introducing higher education LO2. Routes LO3. Attainment LO5. Applying LO6. Transition 	<p>Social: Use a range of social skills; Appreciate diverse viewpoints</p> <p>Spiritual: Enjoy learning about oneself; Use imagination and creativity to overcome issues. Speaking and listening in group negotiation</p> <p>Cultural: Understand, accept and respect diversity</p>	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>



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parent and carer

higher education ambassador sessions

topic	description	gatsby benchmark	cdi framework	North East Regional Progression Framework	pshe association	delivery style
Supporting students to find their FutureMe	Parents and carers will be provided with an overview of how to support their young person to find their FutureMe. They will explore different HE routes, finance options and varying ways of supporting their young person through their transition into HE.	<ul style="list-style-type: none"> 2. Learning from career and labour market information 3. Addressing the needs of each pupil 7. Encounters with further and higher education 	N/A	<p>Phase: Introductory/ Developmental</p> <ul style="list-style-type: none"> LO1. Introducing higher education LO2. Routes LO4. Finance LO6. Transition 	N/A	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>
Student Finance Explained	This session will focus on the money available for those looking to progress into higher education. It will show comparisons for different household incomes and the repayments for different graduate incomes. It will also focus on how can parents and carers can support their young person who is looking to progress into HE.	<ul style="list-style-type: none"> 7. Encounters with further and higher education 	N/A	<p>Phase: Introductory/ Developmental</p> <ul style="list-style-type: none"> LO4. Finance 	N/A	 <p>NB: Alignment to best practice frameworks will vary depending on medium of delivery.</p>



In person workshop



In person assembly



Live webinar



Pre-recorded session





contact us

For more information about the North East Uni Connect Programme and FutureMe, please visit us online or contact us:

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futureme



This work is being carried out as part of the Office for Students' Uni Connect Programme.